

Heat Safety Staff Training Record

Training: "Heat Safety for School Staff" (8-minute video), Online CPR Skills

Supports staff training under California Education Code §33355 (extreme weather protocol)

School / Site: _____

Date: _____

Presenter: _____

Format: ☐ Staff meeting ☐ Self-paced

KEY POINTS COVERED

- Check the NWS HeatRisk forecast daily and follow the district protocol; modify activity 10 a.m.-5 p.m. when risk is high.
- Heat exhaustion (student alert): shade/AC, cool cloths, small sips of water, notify nurse and parent, stay with them.
- Heat stroke = a change in behavior (skin may still be sweaty). Call 911. Cool first, transport second, within 30 minutes.
- Cold-water immersion to the neck with the airway protected is fastest; tarp or hose and wet towels if no tub.

#	Staff name (print)	Role / position	Signature	Date
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Watch the training, download the poster and get more copies of this form:

<https://onlinecprskills.com/school-heat-safety-training/>

General safety training, not medical advice. Follow your district protocol and local EMS direction. Call 911 for any suspected heat stroke.
Keep this record with your site's extreme weather protocol documentation. © Online CPR Skills